

Moving from Confusion to Freedom

What we are releasing collectively?

We are coming out of the dark releasing oppression that had our perception filled with blocks, had our minds imprisoned, our emotions and bodies shackled and our activities handcuffed. It's time to free our minds from narrow limited viewpoints and from negativity. It's time to look through other doorways. We can know freedom because of the bondage we have been in. Think liberation, avoid despair.

What is happening now?

It's time to laugh our fears and sorrows away. Laughter will lift our spirits and allow for passion and play. It's time to free ourselves and become natural, spontaneous and original. Let us be careful not to risk stepping off the edge under the influence of intoxicated madness and manipulative distractions. There is a revolutionary cleansing going on all levels of our beings. We have been under intense self-examination of our mental patterns and beliefs that aren't working and need to be destroyed. We can see worldly situations and circumstances that need to be changed. There is a new dawning and all we need is courage to leap into the transmutation.

What do we have to look forward to?

Despite the five planets now in retrograde, we can look forward to real love as we share and spread our joy. It's time to come out of brooding, calculating, cunning, clever, thinking and give our attention totally in whatever we are doing in the moment. Giving our complete attention brings wondrous and creative energy in all that we do. Let us use this time to celebrate as we perceive life as a whole new picture. The deaths, challenges, and awakens of past years, months and days have preparing us for the new season/year.

Our instructions

Cleanse other people energy out of yourself by meditating on pulling the cords that connect you to energy-draining people. Be a channel one who contains and dispenses good energy like a magician. Be child-like using delight, light, relaxed spirit and be free. Know that freedom is yours. Set clear boundaries in relationships to protect the child within by describing the nature of the relationship. Move beyond limitations to increase possibilities by becoming aware of alternatives. Remember...you deserve to be happy, healthy and whole and you create your own reality. You are unlimited, you get what you concentrate on, the moment of power is now. To love is to be happy, all power comes from within and effectiveness is the measure of truth. Great change is on the horizon and there are strong winds that may take you off course. Chart your course and allow the winds to carry you, there will be detours, just remember you are still on your path and still on your way.

*By Naa Kwateokor~MaMa AkosuaAli-Sabree
& Queen Mutima Imani*